

Yellowstone Meeting Checklist (Tuesday, June 28, IHOP)

<http://www.biophilic.net/yellowstone-blog>

Give out T-shirts, luggage tags

Flight Information:

- 1 Do NOT check in online or print your boarding passes. This will be done as a group at the ticket counter at the airport. American Airlines prefers this. **Have your photo ID with you at the airport.**
- 2 **Be at Charlotte airport at 5:55 a.m. Sunday, July 17, at door B.**
- 3 Luggage: May have a carry-on, one personal item (backpack). This should be all you need. Please pack conservatively. \$25 for checked bag.
- 4 Security: shoes, belts off, no sharps, no fluids over 3 oz. Before I get to the scan, I have phone, wallet, keys, belt, loose change... all put into my carry-on or backpack.

What to bring (*suggestions*):

Clothing

- 5 Casual clothes: You don't need a lot, but do bring comfortable layered clothing. It can be hot during the day but quite cold at night. A storm can come up, changing temperature from 72° → 52°
- 6 Appleaseed Expeditions t-shirt for Service project
- 7 Closed-toed walking shoes
- 8 For hiking, have a deep-treaded shoe made for rough terrain. Flat-bottomed sneakers aren't for this.
- 9 Undergarments & socks (little or no-cotton socks seem best)
- 10 Poncho or rain jacket. It can get wet fast.
- 11 Windbreaker or other light jacket (We're not in SC anymore)
- 12 Clothes/swimwear that can get wet for rafting trip/water shoes or full-strapped sandals (NOT flip-flops)

Accessories

- 13 Camera
- 14 Binoculars
- 15 Toiletries/ medications with proper labels
- 16 Sunscreen: SPF 30 to 60 (a sunburn happens fast in dry air and high altitudes)
- 17 Lotions and Lip ointment- at high elevations the sun/dry air will parch your skin
- 18 Insect repellent
- 19 Sunglasses
- 20 Plastic bag for wet clothes
- 21 Towel
- 22 Spending money
 - Lunches
 - Souvenirs/snacks
 - Ropes course
- 23 Refillable water bottle
- 24 Journal & pen
- 25 Backpack or daypack for hiking
- 26 Flashlight or headlamp

Cancellation Insurance:

- 27 www.travelinsurancecenter.com
If you haven't gotten this by now, you still can. If for some reason you aren't on this flight, you won't get your money back without insurance. Most plans include health coverage also. Very inexpensive.

